



Spit it out Logo Art by Trevor Cartmill-Endow

UPCOMING EVENTS

Friends Like Me

Monday Game Nights– 4:30-7:30 (Includes Dinner/Cooking Group)

Tuesday Game Afternoon– 3-6 PM

Wednesday Movie Night 5:30-8:30pm (Film followed by group discussion)

We Gotta Dance - November 17 6-8 PM \$1.00 admission 1500 Howard Street



WITCH TRIALS (Continued from pg 1)

The word “witch” is partly offensive for women. Some women dress as witches for Halloween. Horologists, astronomers, magicians, midwives, Quakers, and healers are no longer considered as witches. For people being possessed, we should help them, not hurt them. A feeling of being possessed could be a symptom for illness. Being possessed is scary. I’m a creative writer with a social disability, autism. I have more information to advocate against this from my experience: I observed some people that I know/don’t know in school or other places looked like friendly or scary/stern witches from movies that I watched. However, they’re not the actual witches. They’re normal human beings and I respect them. I’m just nervous around strict instructors (Note: In contrary for me being nervous around strict instructors: my CCSF speech instructor looked strict to me, but, she’s not actually that strict). One of my teachers from a learning center, Emma, who is my most favorite instructor, looked like she has magic because her eyes seemed to change colors from an environment lighting and her hair could naturally change to brown to blonde. My martial arts chief instructor told me that her superpower is making people nervous. If people seemed like they have magic powers, they’re still human beings. My imagination world has some real witches that’s based on film and stories (referring to Swamp witch I created, scary witches and good witches from movies and books), but they could change into good. In my imagination world, everyone could have magic, but for only good reasons like helping the real world. For women’s sake with the term “witch”, you could say women are harmless and friendly witches. Not all witches are bad, consider that. For proof, watch Harry Potter movies. I respect women. For religion side of witch trials, I know the bible said that witchcraft is not allowed, but you shouldn’t torture women for this. The bible also mentioned this: Thou shall not kill. Witches are human beings too. And when Jesus Christ sacrificed himself for people’s sins, witchcraft, greed, pride, gluttonous, sloth, and other sins except violence don’t matter to the world anymore, but you need to modify these sins by try overcoming these sins. For people being possessed by Satan, blame Satan, not people (referring to demonic possessions from internet). Therefore for executions and torture devices, remember: Thou shall not kill and witch trials are banned!

Fall 2017
Halloween edition



VOICES OF THE MAGIC STARS

HOW TO BE AN ALLY TO YOURSELF.

By Jannaina Morbeck

When people hurt you over and over, think of them like sand paper. No one can make you feel inferior without your consent. Remember always that you not only have the right to be an individual; you have an obligation to be one. They may scratch you and hurt you a bit, but in the end, you end up polished and they end up useless. Bullying is a horrible thing. It sticks with you forever. It poisons you. But only if you let it.

Some people won’t be happy until they’ve pushed you to the ground. What you have to do is have the courage to stand your ground and not give them the time of day. Hold on to your power and never give it away.

Bullying affects so many lives. People should have access to safe places with allies to help people learn how to stop bullying. These people provide additional emotional and social support to help those being bullied gain confidence, and teach others that being a bully is not acceptable.

[www/thearcscf.org](http://www.thearcscf.org)

Follow us!



AUTUMN RAIN

By Connie Chu

I feel
the cool balmy breeze on my bare skin
I smell the sweet perfume-y air
kinda like popcorn
I hear
the crunch underfoot
kinda like I make when I eat potato chips
I see the ever-changing colors of the
autumn leaves
The cool raindrops are on my face
It is oh-so-comforting

EXPLORING OPPORTUNITIES.

WITCH TRIALS PART OF MY PIRATES OF THE CARIBBEAN 5 movie review

By Mira Yoon

In pirates 5 movie, it briefly mentions about the witch trials when one character (Carina) was being accused of being a witch because she’s a female astronomer and horologist. She’s fine at the end of the movie. From internet, witch trials are the first biggest problem for women since the medieval era. Women should not be harmed and people shouldn’t have witch trials. For spoiler alert from the movie, Carina is Barbossa’s daughter. I have heard about witch trials a long time ago from books and internet.

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EXCERPT FROM PLAYING WITH PUPPETS P 2


The Arc
San Francisco
For people with intellectual and developmental disabilities

GHIRARDELLI CHOCOLATE STORE

By Nona Miloslavsky

I wanted a job and I got it by doing a practice interview with Lily. Then Lily took me to Ghirardelli chocolate store and I had the interview with the assistant Manager. She told me after the interview I was hired. I earned this job by putting a resume together and talking with Lily which helped boost my confidence. I’m going to be greeting tourists and handing out samples. I’ll be working 12 hours a week over three days. A job means to get things done and get a pay check. I’ll show my skills and talents by working hard. I’m really excited to get this job and learn a lot at work.



Our Editors discussed what is happening in Puerto Rico, and this is what they had to say:

Kelly “The President went to Puerto Rico and threw paper towels at everyone. I feel discouraged and heartbroken. The people of Puerto Rico are suffering, and he is doing nothing about it. He is disgraceful.”

Gladys “The President is evil and has no heart.”

Mira “President Trump is similar to Professor Umbrage from Harry Potter. Hurricane Maria nearly destroyed all of Puerto Rico. We should help Puerto Rico by donating Food and Medicines to them, and help restore electricity.”

C Star Clifford “He gots to GO! I don’t like the way he treats people. He needs to be impeached.”

Jason “President Trump went there (Puerto Rico) and threw paper towels. The hurricane damaged the whole Island. They don’t have any house or nothing. He should be calling for help.”

I Love the Arc

By “C Star” Clifford

I love the Arc of San Francisco. I like to help out. I love my friends here. Ive got Advocacy both with CAC and Advocacy class. I like Brett Miller. He’s a good person. He’s like an Uncle to me. He helps me to solve problems. I like celebrating Black History Month. I love my staff. They are very supportive. It helps me, like that Tupac song “Keep your head up.” I love my managers. They help make sure there’s no fighting, bullying or racial slurs. Stephen Wallace helps me with my housing, and my apartment. He tells me Im a good cleaner, and keep my apartment clean. I like Jennifer. She’s nice and a good person in my life. She listens to me. I like Dr Glen. He talks to me and makes me feel good. I like the board of directors, because they want to help us out to be responsible.

Haunted House

By Liza Palter

There was a scary house. It had Ghosts, Bats, and scary animals. They scared everybody by hiding behind them. People all ran away because they were afraid. Frightening music played and screams were heard. A monster came in, and took a pumpkin home. He put it in his yard. His cat ate it. Then he got another pumpkin and made pumpkin soup. It was DeeeEEelicious.



My favorite Halloween

by Gladys Rodriguez

One Halloween night my friend and I had a sleepover at my friend’s house and we watched Halloween movies. We got really scared and dropped our food and drinks, which spilled over the living room carpet and kitchen floor. We got spooked out and slipped on the kitchen floor. My friend Sally woke up with a spider web around her bed. We spent the entire weekend celebrating Halloween.



PLAYING WITH PUPPETS

Robert Repke

It was a sunny, summer afternoon in the small town of Marksville, Mississippi. Nine year-old Kenny, went for a swim at the pond with his sister Melissa. The sunshine sparkled on the pond as the birds sung in the trees. Their widowed mother, Doris, assigned eleven year-old Melissa to watch over Kenny. And since his sister wasn’t much of a swimmer, she didn’t intend to swim the whole afternoon. Melissa got out of the water much earlier than her brother, “Kenny, if you stay in the water much longer you’ll wrinkle up like a prune!”

Kenny ignored his sister and continued to swim. He shouted up at Melissa, “Watch how long I can hold my breath!” He immediately disappeared beneath the surface. Melissa started counting, “one Mississippi, two Mississippi, three Mississippi...” Kenny was underwater for twenty seconds swimming around with his eyes closed. As he started swimming to the surface, his foot got tangled in a pile of algae. He tried to free it and fell against something sharp and hard. The pain was excruciating and Kenny blacked out immediately.



WEREWOLVES

By Kelly Franklin

I love movies that have monsters in them, and werewolves are my favorite because they hunt down prey.

Werewolves are big furry beasts that hunt food when the moon is full. An American werewolf in London is a great horror movie. It's also very gory.

Werewolves have very sharp teeth and claws, and have glowing red eyes. They Growl. They go through metamorphosis and change into werewolves when the moon is full. Wolfman Vs Dracula is another great Halloween movie. They are my favorite part of Halloween.