

For people with intellectual and developmental disabilities

# TURNING POINT

Volume 16 Issue 27 Winter / Spring 2018



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## www.thearcsf.org

(Left) Gardening students greening the community at Quesada Gardens, SF.



For people with intellectual and developmental disabilit

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## **CALENDAR**

All events at The Arc San Francisco, 1500 Howard St., SF, CA unless noted, Info: www.thearcsf.org

2 First Friday Art Sale: Fri, 11am-3pm

**8-9** Developmental Disability Conference, UCSF: Info 800-552-8735 11-13 Arc CA Developmental Disabilities Public Policy Conference, Sacramento, CA: Info: www.thearcca.org

**13** Board Meeting: 5:30-6:30pm

15 UCSF Residents & Arc Family Members Panel Discussion: 3:30-5pm 16 Dancing w/SFPD Cadets 5pm followed by We Gotta Dance (\$1) 6-8pm

3 Sonic Forest Concert: 1:30-2:30, Free

25 Sonic Forest Series Opening Concert: 2-3pm, Free

6 First Friday Art Sale:11am-3pm

10 Sonic Forest Concert: 4-5pm Free

19 Sonic Forest Concert: 4-5pm. Free 19 Arc Marin Breakfast, San Rafael 8:00-10am Info: msullivan@thearcsf.org

20 We Gotta Dance & Volunteer Recognition (\$1) 6-8pm 22 Sonic Forest 1-2pm & Earth Day Finale 3:20-4:45pm reception, Free

4 First Friday Art Sale: 11am-3pm

10 WorkLife Awards: 6-8pm

18 We Gotta Dance PULSE Prom Masquerade (\$1) 6-8pm

28 Memorial Day holiday closure

1 First Friday Art Sale: 11am-3pm

20 Arc in the Park: 12:45-4pm, AT&T Park, Giants vs. Marlins

26 Board Meeting: 5:30-6:30pm

## Friends Like Me (FLM) After Hours Standing Schedule:

Performance/Public Speaking: Mon 3-5pm Game Nights: Mon 5:30-8:30pm, Tue 3-6pm Cooking/Dinner Group: Monday: 5:30-8:30pm Drama/Theatre Workshop: Wed 3-5pm (during semester schedule) Movie Night & Discussion: Wed 5:30pm-8:00pm We Gotta Dance: Every 3rd Fri, 6-8pm Weekend Excursions: Last Saturday of month (must RSVP)



## **SEASON OF PROMISE**

The Arc SF thanks the following donors who made gifts or pledges during our Season of Promise 2017 between 11/28-12/31/17 raising over \$165,000 toward transforming our clients' lives.

YOU MAKE THE DIFFERENCE!

2017 Season of Promise Corporate Supporters Commercial Interior Ruilders Deloitte Ditto Google Hall Capital Partners Makena Capital Management MapR Marin Software Morrison & Foerste Salesforce

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If your name is not listed, please accept our apologies and contact Marti Sullivan at 415-255-7200 x119 or email Marti at msullivan @thearcsf.org

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THE MISSION OF THE ARC SAN FRANCISCO IS TO TRANSFORM THE LIVES OF ADULTS WITH DEVELOPMENTAL DISABILITIES BY ADVANCING LIFELONG LEARNING, PERSONAL ACHIEVEMENT AND INDEPENDENCE. LEARN MORE AT WWW.THEARCSF.ORG.

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Sejo Jahic, At Large

Dear Friends, As we emerge from winter and anticipate the renewal of spring, I'm reminded that transformation is different from change at The Arc SF. Change looks at the past. Transformation looks at the future, and only the limits of imagination constrain our possibilities.

For example, in this issue of Turning Point, we meet Chris, a young man who shares many of the same aspirations as his peers, but without the verbal communication ability that the world expects. His Arc staff believe our goal is less about changing Chris than it is blazing a path where his innate abilities can grow and shine.

Message from Connie Tabas

As you read about Matt at Amazon, think about the cultural shift that he and his co-workers are spearheading. His success is shaping the beliefs of a new generation of talent professionals who are now naturally reaching out to The Arc to fill positions, redefining the workforce eco-system.

While The Arc's education and employment programs are foundational, we also celebrate those visionaries creating a more balanced personal life for our clients. Our recent fundraising gala brought many friends with big hearts together to support our "Friends Like Me" recreation program, an innovative approach to addressing the health and well-being of the whole person.

What the world expects and what we at The Arc see as possible are often divergent, but thanks to your support, our vision of an inclusive world in which all people with developmental disabilities can thrive is closer than ever. In gratitude,

> Learn more about our plans for the years ahead. See our Strategic Plan, "Future Forward, at www.thearcsf.org

Connie Jabas Connie Tabas. Interim CEO

## A new path to a bright future



Like many young guys his age, Chris gets a little

frustrated when asked about his future. He uses his iPhone with a text-to-voice app to answer 'I don't know,' accompanied by an eye roll that every parent of a young adult can appreciate.

But his love of math and dogs got his Arc instructor Karen Fitzgerald thinking: Maybe there's a path for Chris to connect to the dog-walking

With this in mind, Karen and Chris made a plan for maturing his education through City College. Currently, he's taking ASL (American Sign Language) as well as pre-algebra. (He aced his first ASL test, by the way.)

This initial entry into college will help Chris improve his communication, hone his foundational math and money management skills, and help him connect to a new network of friends who sign—a combination of social and vocational skills that are a stepping stone to a bright future as a pet service entrepreneur.

For more information, contact Kristen Pedersen, Chief of Services, Education and Workforce Inclusion Programs, kpedersen@thearcsf.org.

## EMPLOYMENT **Amazon employee finds** his stride as a trainer Matt and Meliza at the Amazon Fulfillment Center in Fremont, CA. "We all need support in a new job and I $oldsymbol{ke to help."}$ -Matt, on training a new Arc client

In a warehouse the size of a football field

in the middle of a sea of conveyers, totes and boxes stands Matt, an Amazon employee who is blazing the trail for his peers with disabilities. One of the many Arc-referred sortation associates in the company's fulfillment center in Fremont, CA, Matt has grown to be a standout go-to guy for boxes that need a second look.

"Sometimes the label has to be changed; sometimes it's a damaged carton," Matt says. "My job is to 'rehab' the box and get it on its way." Matt's work in the "Problem Solve" group is a promotion from his initial position as a scanner. It requires a keen eye for detail and a cool head when things get busy.

The Arc's on-site Job Coach, Carlos Lobos, admires Matt's ability to keep focused and stay on top of the rush, all while keeping safety foremost in mind.

"I remind Matt and the clients from The Arc to lift safely, wear their protective gear and be aware of moving forklifts. This is a very busy environment with people and machines moving all around, so extra care is required," he adds.

Recently, Matt started training another employee in the Problem Solve group. Co-worker Meliza needed support to learn the ropes, and Matt stepped in to help.

"I made sure she was comfortable with the pallet jack and answered her questions. She's comfortable now," Matt says. "We all need support in a new job, and I like to help."

Seeking reliable workers who bring something unique to the workforce, The Arc is a creative, responsive staffing solution in an extremely competitive hiring market.

"Our success is connecting our employer partners including Amazon—to quality, pre-screened candidates who are job-ready," says The Arc's Kristen Pedersen. "Currently, over 180 employers rely on us to refer candidates they can count on as part of their team, and as the demand keeps growing, we're happy to answer the call."

For more information about Arc employment programs, contact Kristen Pedersen, Chief of Services, Education and Workforce Inclusion Programs, kpedersen@thearcsf.org.

## **EVENTS IN THE NEWS**

## Valentine's Gala Benefits **Popular Recreation Program**

Our "Friends of Friends" Valentine's Gala was a big success, raising over \$50,000 thanks to our event committee led by Galina Miloslavsky and Greg Vogel and founder of "Friends Like Me" at The Arc Pamela Buttery.

Funds raised will help to support and expand this vital program that provides after-hours recreation activities and supported socialization opportunities for those we serve in San Francisco and Marin Counties.

For Friends Like Me program information and also volunteering opportunities, contact Lance Scott, Iscott@thearcsf.org.



