

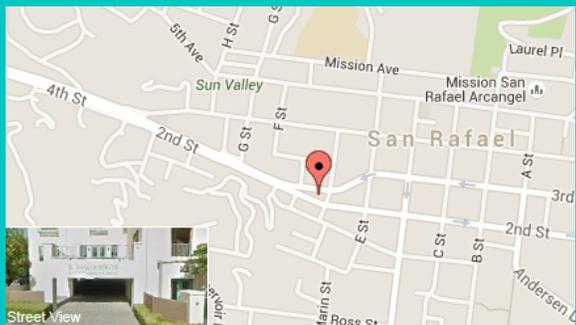
**Explore. Extend. Expand.**

## Living, learning and leading full, independent lives in the community.

Now adults with developmental disabilities have a new resource in Marin County with all the post-secondary services and supports needed to build a successful transition to the demands of adult life.

Opportunities for community access, continuing education and career development, plus individualized social skills development are all connected in one central facility that people with disabilities can access to create a life of personal choice, advancement and true independence.

Right downtown and close to public transportation, our new 2,000 square foot office in San Rafael is another milestone in the fulfillment of The Arc's mission of ensuring full inclusion in the Bay Area.



**Our Location**

## Our purpose

is to provide our clients with the means to expand individual horizons and find the right path to learning and living successfully as an independent adult in the community.



**The Arc**  
San Francisco

*For people with intellectual and developmental disabilities*

**MARIN COUNTY**

55 Shaver Street, Suite 320  
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Tel: (415) 255-7200  
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 The Arc Center for Lifelong Learning

# Explore. Extend. Expand.

Postsecondary learning and achievement



  
**The Arc**  
San Francisco

*For people with intellectual and developmental disabilities*

**Marin County**

Spring-Summer 2016 Program

# Announcing Spring–Summer 2016 Career Workshops & Adult Life Classes

**New classes now available for Marin County individuals with developmental disabilities:**

- Be better prepared for every stage of adult life.
- Explore new educational opportunities and access with supported learning.
- Learn about career options and designing a path that's right for you and your future.
- Understand your learning style and what courses are right for your interests.
- Discover your next steps in career development and the supports you'll need to get there.
- Attend workshops at your school or on-site at our San Rafael offices.

## Access To Education

Your pace and path to learning are unique—there's no one else like you! Our Access to Education supports help you plan and prepare for adult success with on-site classes plus help to access local community colleges that fit your goals.

Our experienced team will assist with course registration, scheduling, study skills and other steps to success.

## Employment Planning

Our team will help you highlight your skills, interests and career path goals. Identify the positions that best suit your objectives, plus learn strategies for employment success.

- Understand the skills necessary for work success
- Build your resumé to reflect your best
- Networking and online job searching
- Job exploration and site visits
- Best practices for your next interview

# Beyond The Classroom

## Adult Life & Enrichment

Enjoy a broad range of life skills, art and fitness classes on-site and in the community—all designed to fit your unique needs and goals.

- Healthy Relationships
- Honing Your Social Skills
- Community Travel
- Money Management
- Art and Creativity
- Advocacy & Voting
- Fitness & Yoga

## Volunteering & Community Engagement

The Arc offers volunteering opportunities with a variety of nonprofit partners where you can build your employment skills while experiencing new challenges in dynamic environments.

Plus, volunteering is a fun, interesting socialization opportunity that helps you connect to your community, make new friends— and make a difference.



## COMING FALL 2016: Workplace Internships

Modelled after The Arc SF's Project Search program, we will be launching our first workplace internship program in Marin County this fall. Check our website for updates.

## Classes are in progress.

Contact Lori Calzaretta, Associate Director of Transition & Continuing Education, The Arc Marin County.

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